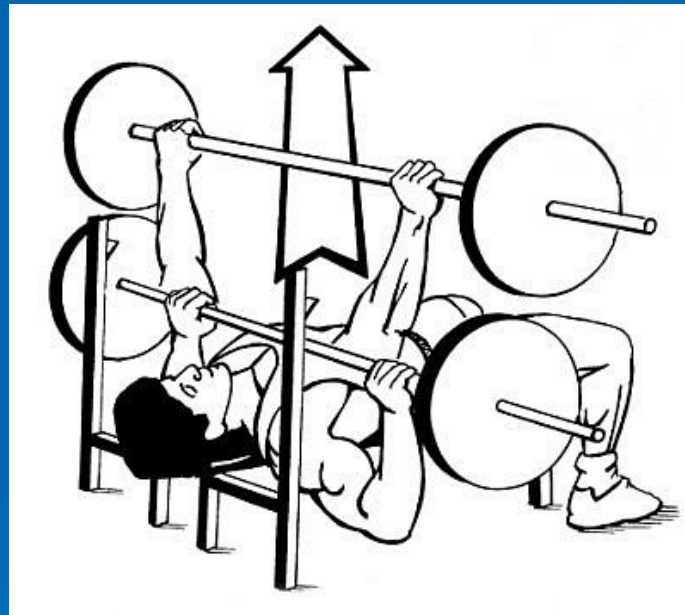


# Bench Press Clinics

*Every Friday at 5:00PM*



Improve your form and Increase your weight