

family

These great programs and services are available for those with Individual Parent and Family Memberships!

PRIME TIME FAMILY

The Eastside Family YMCA is focusing on families with children ranging from infants to teens by featuring programs for every member of the family. We're excited to offer a full range of activities on Friday evenings throughout the school year including family open swim, family open gym, and more.

OVERNIGHT FUN

Looking for a place to go? Bring a group of friends and use the YMCA after it's closed. Contact Sean Anne at 341-4024 for more information.

FAMILY FUN NIGHTS!

Specially themed Family Fun Nights are offered once each month to enhance our Family Prime Time experience! Our Family Fun Nights are sponsored by FamilyFirst Federal Credit Union. Fridays from 6:30-8:30pm

March 12 - Unbirthday Party

April 17 - Healthy Kids Day



Family Activity Schedule

	Age	Days	Time	Details
Child Watch				
Drop in Child Watch	6 weeks to 6 years old	Mon-Fri Sat & Sun	8 am - 8:30 pm 8 am - 3:30 pm	<ul style="list-style-type: none"> • 2 hour time limit per day while you use the facility • YMCA Individual Parent/ Family Members only
Enchanted Orchard Adventure Center				
Children with Parents	0 to 5 years old	Tues/Thurs	4 pm - 8:30 pm	<ul style="list-style-type: none"> • Parents must remain in Adventure Center to supervise and play with their children
Drop Off Hours	5 to 12 years old	M/W/F Sat Sun	4:00 - 8:30 pm 8 am - 12 pm 8 am - 12 pm	<ul style="list-style-type: none"> • 2 hour time limit per day while you use the facility • Parents are welcome to stay if space permits
Family Hours	12 years old and younger	Mon-Fri Sat Sun	11:15 am - 3:30 pm 12 pm - 7 pm 12 pm - 8 pm	<ul style="list-style-type: none"> • Parents must remain in Adventure Center to supervise and play with their children
Prime Time				
	7 to 8 years old	Tues/Thurs	4 pm - 8:30 pm	<ul style="list-style-type: none"> • 7 year olds require parental supervision in the pool • Sign in and out at the Preschool Classroom • Exclusive to members of the YMCA • 2 hour time limit per day while you use the facility
Prime Time Tweens				
	8 to 12 years old	Tues/Thurs	4 pm - 8:30 pm	<ul style="list-style-type: none"> • Sign in and out at the Teen Center • Exclusive to members of the YMCA • The gym, computer lab and pool are open and supervised • The Adventure Center is not available for Prime Time Tweens • Rock Climbing Wall is available (safety certification required) • Wellness activities are available in Tween Wellness Center • 2 hour time limit per day while you use the facility
Tween Wellness Center				
	8 to 12 years old	Mon-Fri	5:15 am - 2:00 pm	<ul style="list-style-type: none"> • Wii and DDR (parent required)
Drop Off Hours	6 to 7 years old	Mon-Fri Sat Sun	4:00 pm - 8:30 pm 9 am - 6 pm 9 am - 4 pm	<ul style="list-style-type: none"> • Expresso Bikes • Strive Weight Circuit and 3 Kick • Trained staff will be on hand for orientation and supervision