

schedules

Pool Schedule

SPRING 1: FEBRUARY 22 - APRIL 18, 2010

MONDAY

6:00-9:00am	Adult Lap WHOLE POOL
9:00-10:00am	Water Fitness (3), Adult Lap (3)
10:00-11:00am	Water Fitness (3), Adult Lap (3)
11:00am-12:00pm	Family Swim (2), Adult Lap (4)
12:00-2:00pm	Adult Lap WHOLE POOL
2:00-3:30pm	Contracts (4), Adult Lap (2)
3:30-5:00pm	Open & Family (2), Adult Lap (2), School #8 (2)
5:00-6:00pm	Adult Lap (3), Water Fitness (3)
6:00-8:30pm	Swim Team (6)

TUESDAY

6:00-9:00am	Adult Lap WHOLE POOL
9:00-10:00am	Water Fitness (3), Adult Lap (3)
10:00-11:00am	Adult Lap (4), Contracts (2)
11:00am-12:00pm	Family Swim (2), Adult Lap (4)
12:00-2:00pm	Adult Lap WHOLE POOL
2:00-3:30pm	Contracts (4), Adult Lap (2)
3:30-5:00pm	Open & Family (2), Adult Lap (4)
5:00-6:00pm	Adult Lap (4), Water Fitness (2)
6:00-7:50pm	Swim Lessons (5), Adult Lap (1)
7:50-8:30pm	Open & Family (3), Adult Lap (3)

WEDNESDAY

6:00-9:00am	Adult Lap WHOLE POOL
9:00-10:00am	Water Fitness (3), Adult Lap (3)
10:00-11:00am	Water Fitness (3), Adult Lap (3)
11:00am-12:00pm	Family Swim (2), Adult Lap (4)
12:00-2:00pm	Adult Lap WHOLE POOL
2:00-3:30pm	Contracts (4), Adult Lap (2)
3:30-5:00pm	Adult Lap (2), Swim Lessons (4)
5:00-6:00pm	Adult Lap (3), Water Fitness (3)
6:00-8:30pm	Swim Team (6)

THURSDAY

6:00-9:00am	Adult Lap WHOLE POOL
9:00-10:00am	Water Fitness (3), Adult Lap (3)
10:00-11:00am	Adult Lap (4), Contracts (2)
11:00am-12:00pm	Family Swim (2), Adult Lap (4)
12:00-2:00pm	Adult Lap WHOLE POOL
2:00-3:30pm	Contracts (4), Adult Lap (2)
3:30-5:00pm	Open & Family (2), Adult Lap (2), School #8 (2)
5:00-6:00pm	Adult Lap (4), Water Fitness (2)
6:00-8:30pm	Swim Team (6)

FRIDAY

6:00-9:00am	Adult Lap WHOLE POOL
9:00-10:00am	Water Fitness (3), Adult Lap (3)
10:00-11:00am	Water Fitness (3), Adult Lap (3)
11:00am-12:00pm	Family Swim (2), Adult Lap (4)
12:00-2:00pm	Adult Lap WHOLE POOL
2:00-3:30pm	Contracts (4), Adult Lap (2)
3:30-5:00pm	Open & Family (2), Adult Lap (2), SACC (2)
5:00-6:00pm	Adult Lap WHOLE POOL
6:00-8:30pm	Family Swim (6)

SATURDAY

8:00-8:30am	Adult Lap WHOLE POOL
8:30-9:30am	Water Fitness (3), Adult Lap (3)
9:30-11:30am	Lessons (5), Adult Lap (1)
11:30am-4:30pm	Open & Family (3), Adult Lap (3)

SUNDAY

10:00-1:30pm	Adult Lap (3), Family (3)
12:30-1:30pm	Open

ATTENTION MEMBERS: Please, no exceptions to the pool schedule. Lane assignment may change due to enrollment.

Children 5 years old and under must have an adult member (18 years or older) IN THE POOL with them at all times. Only two children per adult. Parents are required to be in the water and within an arm's reach of any child 5 and under. Non-swimmers who are not tall enough to stand in the shallow water at arm pit depth must wear a lifejacket if unsupervised. Children 6-7 years old must have an adult member ON THE POOL DECK at all times. Children 8-12 years old must have an adult in the building. We encourage parents to be in the water with all non-swimmers. The lifeguard is responsible for the safety of all swimmers. They have the right to modify the rules as necessary.