



**Kick, Step, Dance, Run, Swim, Breath, Relax...
For a Cause!**

WELLNESS MARATHON
May 15, 2010
2-5 PM



Participate in a variety of classes
(**land** and **aquatic**), group runs and/or swims led by certified
instructors and coaches.

Enjoy 3 hours of exercise with others
while raising dollars for our
Invest In Youth Campaign

\$20 Tax Deductible Donation or
raise a minimum of \$50

Healthy snacks, drinks, and a goodie bag provided!

Pick up a registration form at
our member services desk

